

# Coming Unstuck

February 6, 2017 / [Articles](#)

What connects Charles Darwin, Edison and Einstein? How about Nicole Kidman, Emily Blunt and James Earl Jones (voice of Darth Vader)? These famous people share something in common with your child: they have had or continue to have a [stutter](#).



<https://fashiongrillblog.com/tag/nicole-kidman/>

[https://commons.wikimedia.org/wiki/File:Albert\\_Einstein\\_Head.jpg](https://commons.wikimedia.org/wiki/File:Albert_Einstein_Head.jpg)

<https://www.flickreel.com/star-wars-fans-petition-for-darth-vader-standalone-movie/>

[Our friendly professionals](#) at **Box Hill Speech Pathology Clinic** are here to help your child who stutters. We have many years of experience in working with children to improve communication skills, [allowing children to find their unique version of success](#). Of course, we support you and your family throughout the process.

The exact cause of stuttering remains unknown. **As well as family history and genetics, researchers are looking closely at brain structure and function,** including:

- Language processing
- Coordination of speech structures and muscles
- Areas of the brain responsible for movement
- Rhythm perception and timing
- Learning of new activities and multi-tasking



<https://theconversation.com/the-most-important-thing-for-a-stutter-is-to-get-in-early-33402>

What we do know is that **starting and proceeding through school can be challenging for kids who stutter**. Australian stuttering expert Mark Onslow writes about potential problems, the effect on learning and how teachers can help put children at ease:

### **The challenges of starting school with a stutter**

By Mark Onslow (updated 1 Feb, 2017)

<http://www.abc.net.au/news/2017-01-31/the-challenges-of-starting-school-with-a-stutter/8226164>



<https://www.haikudeck.com/kidblog-with-elementary-students-education-presentation-Vy4VR17Up6#slide6>

Below are some **excellent, practical resources for families to share with teachers and other families** to support children through primary and secondary school. They're really worth a look!

### **Stammering Information Programme – 10 min video**

<http://www.stammeringcentre.org/stammering-information-programme-dvd>

### **Top Tips on supporting kids and teens who stammer by children who stammer**

<http://www.stammeringcentre.org/files/TOP%20TIPS%20HANDOUT.pdf>

### **Supporting pupils who stammer: Suggestions sheets**

<http://www.stammeringcentre.org/files/SUGGESTIONS%20SHEETS.pdf>



<http://www.mikebechtle.com/getting-unstuck-how-to-make-the-right-decision/>

Remember, if you're at all concerned that your [child may be stuttering](#), it's best to **get an assessment by a speech pathologist**. If your child isn't stuttering, it'll be one less thing to worry about! If he or she is stuttering, **early treatment gives you the best chance of success** in [eliminating or reducing stuttering](#). We have [world-leading treatment in Australia](#), and our clinicians have been delivering it for years. [Contact Box Hill Speech Pathology today](#) on **9899 5494**.

*By Nicola Anglin (Speech Pathologist)*

## **References:**

### **WA researcher searches for genetic links of stuttering**

By Lisa Morrison, Christine Layton and Barry Nicholls (14 Dec 2016)

<http://www.abc.net.au/news/2016-12-14/wa-researcher-searching-for-stuttering-genes/8117704>

### **Explainer: what is stuttering?**

By Nan Bernstein Ratner (Oct 19, 2012)

<https://theconversation.com/explainer-what-is-stuttering-9560>

### **Seeking Clues to Stuttering Deep Within the Brain**

By Carl Sherman (Aug 8, 2016)

[http://dana.org/News/Seeking\\_Clues\\_to\\_Stuttering\\_Deep\\_Within\\_the\\_Brain/](http://dana.org/News/Seeking_Clues_to_Stuttering_Deep_Within_the_Brain/)