

Spotlight on Stuttering

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Welcome to our special edition on stuttering! Missed some of our blog posts on this issue or want to learn more about a specific aspect of stuttering? Read on...

What do we mean by [stuttering?](#) It's not just repetitions of sounds or words.

- ***Time Out***

<https://www.speech-therapy.com.au/2016/12/05/time-out/>

Find out what happens in the **brain** of a person who stutters and how can speech therapy help:

- ***Watch this (Brain) Space***

<https://www.speech-therapy.com.au/2017/01/22/watch-brain-space/>

Wondering whether there's a link between **stuttering and language** ability in children? Here's what some Melbourne researchers discovered:

- ***W-words, Words, Words (with apologies to Shakespeare)***

<https://www.speech-therapy.com.au/2015/05/18/link-language-skills-stuttering-preschool-children/>



<http://www.mybpl.org/images/youth/Family%20Reading%20Night.jpg>

Stuttering can have **long-term impacts** on academic, social and emotional development and employment opportunities. Learn how this communication disorder affects these areas:

- ***Stuttering in Children***

<https://www.speech-therapy.com.au/2014/12/03/stuttering-children-box-hill-speech-pathology/>

- ***Rhythm and Blues***

<https://www.speech-therapy.com.au/2016/11/21/rhythm-blues-timing/>

The way we communicate is integral to our **identity**. How does stuttering affect your sense of self?

- ***To Be or Not to Be***

<https://www.speech-therapy.com.au/2016/08/10/me-3/>

- ***Rhythm and Blues***

<https://www.speech-therapy.com.au/2016/11/21/rhythm-blues-timing/>



http://3.bp.blogspot.com/-gn-kq2P94_k/T_WMdJoV-nl/AAAAAAAAAYE/xA3kNr0NHg4/s1600/mirror-test.jpg

Many children, adolescents and adults who stutter experience **anxiety**, and anxiety can make it harder to speak fluently. Learn how you can support your child or yourself:

- ***Who's Afraid of the Big Bad Words?***

<https://www.speech-therapy.com.au/2016/10/26/whos-afraid-big-bad-words/>

- ***Rhythm and Blues***

<https://www.speech-therapy.com.au/2016/11/21/rhythm-blues-timing/>

- ***Speaking Up About Fear***

<https://www.speech-therapy.com.au/2016/02/08/speaking-fear/>

What actually happens in **speech therapy**? Find out below:

- ***Rhythm and Blues***

<https://www.speech-therapy.com.au/2016/11/21/rhythm-blues-timing/>

- ***Therapies Designed to Stop Stuttering in Adults***

<https://www.speech-therapy.com.au/2014/02/11/therapies-designed-stop-stuttering-adults/>

- ***Time Out***

<https://www.speech-therapy.com.au/2016/12/05/time-out/>



http://www.istar.ualberta.ca/en/Programs/StutteringTherapy/~/_media/istar/Feature%20images/child_therapy26.jpg

Looking for some **tips** to encourage smooth speech or some **resources** to share with teachers and other families to improve understanding of stuttering? Try these:

- ***5 Tips for Stuttering in Children***

<https://www.speech-therapy.com.au/2014/05/06/5-tips-stuttering-children-box-hill-speech-pathology/>

- ***To Be or Not to Be***

<https://www.speech-therapy.com.au/2016/08/10/me-3/>

- ***Coming Unstuck***

<https://www.speech-therapy.com.au/2017/02/06/coming-unstuck/>



https://www.kiwifamilies.co.nz/wp-content/uploads/2015/10/26199920_m640-645x430.jpg

If you're concerned that your child may be stuttering, **seek assessment by a speech pathologist. Early treatment gives you the best chance of success.** Australia has **world-leading treatment**, and we have been delivering it for years. **Call 9899 5494** today!

By Nicola Anglin (Speech Pathologist)